

MAKE TIME TO Get Outside



Get up and
watch
the sunrise

Create a
Bug Hotel...
5* Accomodation
for our tiny
friends outside



Discover wild
animal tracks

How many birds
can you spot on
your next walk?



Build a Den
outside

Go on a
bike ride



Read a story
outside

Spot the first
signs of Spring



Watch the birds



Take a flask of
hot chocolate
on your
next adventure

Rainbow colour
Nature Hunt



Lift up a rock or
log, how many
different types
of bugs can
you find?



Sow seeds
to attract bees
and butterflies
to your garden

Watch the
sunset



Stay up late
and stargaze

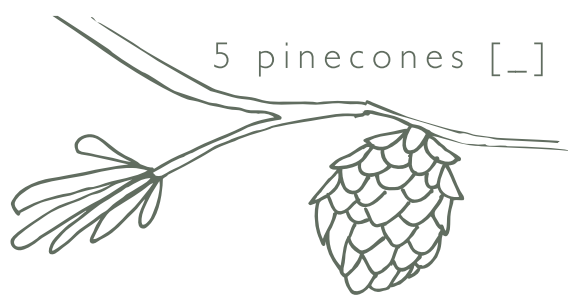
Play
Pooh Sticks



Adventure

FIND ME Checklist

5 pinecones [_]



1 bee [_]



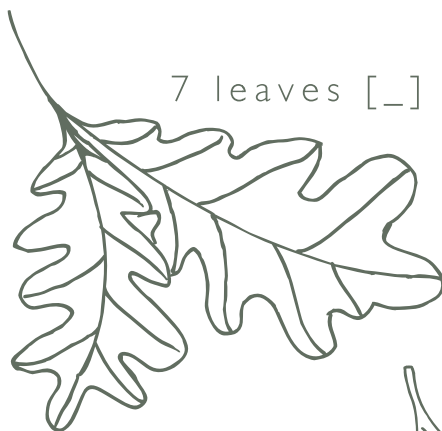
4 birds [_]



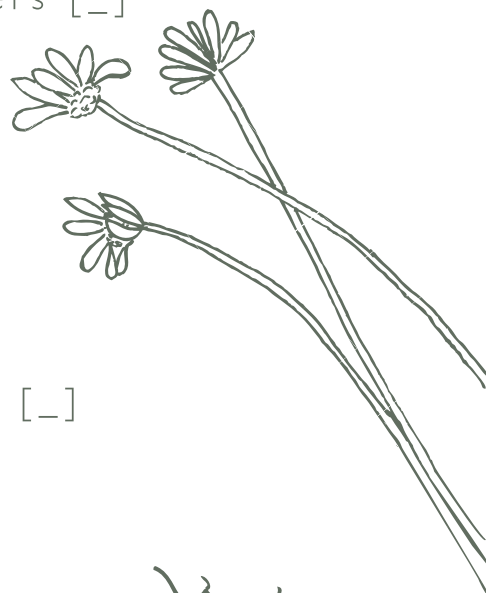
6 fallen
twigs [_]



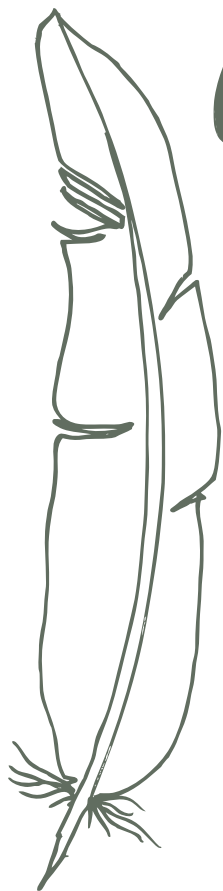
7 leaves [_]



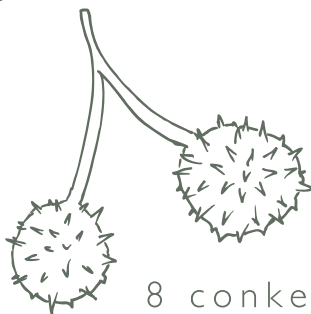
3 flowers [_]



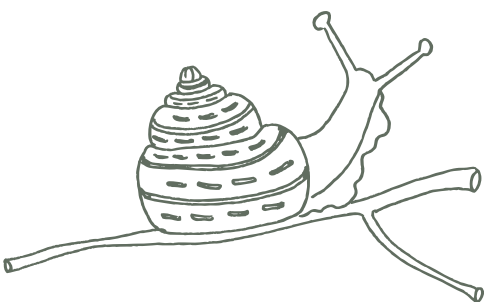
2 feathers [_]



8 conkers [_]



3 snails [_]



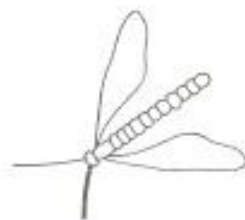
1 mushroom/funghi [_]



3 bugs [_]



Build your own Bug Hotel



Give the tiny creatures of our world a place to live this winter



Cut down dried out flowers and plants and stack together in a bundle to create small spaces for bugs to crawl into

Use any old bricks, logs, or twigs to create a structure (like the game jenga) in your garden

Bugs and bees love hiding in the hollows of bamboo sticks

Collect lots of leaves and twigs/sticks on a walk or in your garden

Chicken wire can help form a structure to layer items on top of.

Turn old bricks on their side and stuff the holes with acorns, twigs, conkers and any other things you find in the garden

Place your bug inn, in a south facing direction near plants and flowers to encourage bugs to pollinate

Turn old broken plant pots upside down or prop up planks of wood to create a dark dry space

Can you find the dragonflies hiding in the Bug Inn? There are 4 to find

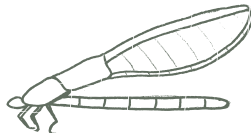
Did you know?



Dragonflies appeared on earth 140 million years before the first birds



Over 1/3 of the world's food production depends on **bees**



Be**e**s

Ladybirds



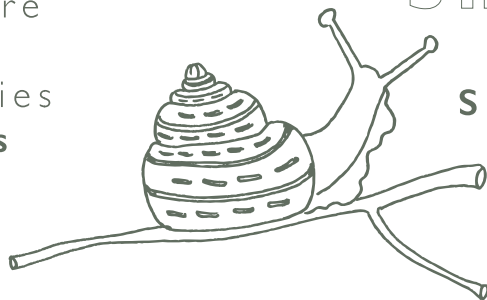
There are more than 5000 different species of **ladybirds**

Some **honeybees** beat their wings more than 200 times a minute



Snails

Snails can regrow their eyes



Slugs

Slugs have more teeth than a shark



Butterflies

Did you know...?

Butterflies can see more
colours than humans

Butterflies eat a liquid
diet, using their proboscis
similar to how you or I would
use a straw

Butterflies taste
with their feet

yum
yum

