

# MAKE TIME TO Get Outside



Get up and  
watch  
the sunrise

Create a  
Bug Hotel...  
5\* Accomodation  
for our tiny  
friends outside



Discover wild  
animal tracks

How many birds  
can you spot on  
your next walk?



Build a Den  
outside

Go on a  
bike ride



Read a story  
outside

Spot the first  
signs of Spring



Watch the birds



Take a flask of  
hot chocolate  
on your  
next adventure



Rainbow colour  
Nature Hunt



Lift up a rock or  
log, how many  
different types  
of bugs can  
you find?



Watch the  
sunset



Sow seeds  
to attract bees  
and butterflies  
to your garden



Stay up late  
and stargaze

Play  
Pooh Sticks

